



Escape...from the stresses and strains of life with warm treatments and moments that Maya spa strives to give you..."

Maya Spa in The Zuri White Sands, Goa Resort & Casino, is spread over an area of 520 sq.m. & incorporates five treatment room and an outdoor hut for the unique experience to pamper yourself offering more than 50 health and beauty treatments, Massage, body scrubs and wraps, facials and intensive foot and hand therapies all encapsulated in a fantastic range of luxurious treatments that would allure anybody. With the traditional foot ritual which commences every treatment one would experience the utmost hospitality. The spa's regal indulgence is that it include a separate Steam, Sauna, and Jacuzzi for ladies and gents a beauty parlor and a well equipped gymnasium. With an area of 48 sq. m the gymnasium is equipped with techno gym machines where personal fitness attention is guaranteed. After a sensational spa treatment, experience the traditional taste of the herbal tea which would cleanse your bodily toxins

The Royal Princess Makeover one of our Signature treatment has been awarded as the Best Signature Treatment at Asia SPA India Awards 2009.

Maya Spa in The Zuri White Sands, Goa Resort & Casino has been listed in the "CONDE NAST JOHANSENS" Luxury SPAS 2010 magazine.

Note: -

The spa & gymnasium is an adult oriented atmosphere. We do not allow access to children under the age of 15. A parent or guardian must be present or give signed consent for any treatments given to a minor under the age of 18.

Please take note that if any booked appointments needs to be cancelled, than 4 hours notice prior to your appointment time is necessary or a 50% cancellation charges will be applicable.

Appointments are subject to avaiability.

Privileged Bonus 30, is available at specific timeframe. Upon confirmation. For further details contact Maya Spa

For appointment please contact ext: 8331

Welcome Back



Maya Signature Therapies

- **Zuri Beauty.....(60 min)** 2000 INR
{Its signature to achieve the Zuri style.....}
- **Tanlepa..... (45 min)** 2000 INR
{A body massage to relieve the muscular tension & a full body mask of herbal powder resulting in a cool fresh rejuvenated self.}
- **Mukhalepam..... (60 min)** 2000 INR
{A traditional Ayurvedic herbal facial that cleanses, hydrate, refreshes and relaxes you. It will nourish the skin to impart a radiant look – Sandal, Honey, Papaya, Cucumber, Tomato, Carrot, egg, yoghurt etc.}
- **Maya Cure.....(60min)** 3500 INR
{A special combination of massage treatment unique to our spa's massage like no other, performed in controlled stimulating strokes that relax and tone muscles. This rids the body of toxins and a positive energy flow while using hot bundles and relives tense muscles, sore joints and stressed emotion.}
- **Maya pure indulgence massage(60min)** 3500 INR

{A harmonious massage for body and mind, combination of shirodhara and massage which has a positive effect on the emotional well-being. One floats out of this treatment.}
- **Das Schone.....(90min)** 4000 INR
{A total beauty treatment of the body from head to toe, where you can experience a body massage with aroma oil, body scrub (Honey + Sugar), body pack and face pack (papaya + multani mitti) which will revitalize your self...}
- **Sanjeevani Experience.....(150min)** 6000 INR
{It's an experience of the royal beauty treatment...}
- **Royal princess make over.....(210min)**
8000 INR
{To bring out the princess in you with a transformation from head to toe in just 3.5 hrs. Walk out into the world with confidence, glowing with your new found beauty. We firmly believe that princesses are made not born}

Winner of the Signature Treatment award at "Asia Spa India Award – 2009"

Note: - Above prices are exclusive of 10.30% service tax and 10% luxury tax.

Maya Body Care

- **Full Body Scrub.....(30 min)** 2000 INR
{To exfoliate the skin and to remove the dead cells.....
sugar, honey, fruit, and salt, chocolate}
- **Full Body Pack..... (30min)** 1500 INR
{To soften the skin and to give a radiant look.....
chocolate, fruit, sandal, multani mitti, cucumber, tomato, papaya}
- **Das Volbad.....(30min)** 1500 INR
{Experience royal ancient baths like roman with red wine rose petal
mix flower and milk}
- **Swedish massage.....(60min)** 3000 INR
{Medium pressure massages with aroma oil which stimulates the soft
tissues and relive stress and import greater feeling of well being}
- **Aromatherapy.....(60 min)** 3500 INR
{Aromatherapy is the ancient science of healing, relaxing and energizing by
the use of plants and their parts. The massage is with a blend of essential oils
and carrier oil which penetrate the bloodstream and soothe the central nervous
system. The massage activates the body's nerve endings and stimulates its blood flow.}
- **Balinese Massage.....(60 min)** 3000 INR
{A medium pressure massage using a combination of gentle stretches,
acupressure and aroma therapy oils to stimulate the flow of blood, oxygen
and ' chi' (energy) around your body and bring relaxation and wellness. Long
sensual strokes which works on the length of the muscles to relive tension. }
- **Thai Massage.....(60 min)** 3000 INR
{ This dry body massage is to provide relaxation and balance to the body's
various centers, healthy blood circulation and activation of the body's energy
lines. It is meant to be practiced with certain energy and vigor and the pressure
and stretching movements are matched to the client's needs and physical abilities.}
- **Foot Reflexology.....(30 min)** 1500 INR
{ A massage on the reflex areas of the foot which helps to flush out toxins and
inflammations through lymph drainage and give the whole body a total relaxing state.}

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Maya Healing Therapies

- **Marma Massage.....(45 min)** 2500 INR
 {A full body deep tissue massage with medicated oil, concentrating more on the vital points of the body which helps to improve blood circulation and stimulate the nervous system.}
- **Choorna swedam..... (45 min)** 2000 INR
 {A whole body treatment with a bundle of herbal powder which is dipped in warm medicated oil. Highly recommended for muscular pain, body aches, joint pains and especially in back ache.}
- **Udwarthanam..... (30 min)** 1500 INR
 {A traditional dry massage using herbal powder, which helps to remove dead cells, deplete fat, strengthen the muscles.}
- **Navarakizhi.....(45 min)** 3500 INR
 {Cooling fomentation treatment in which the whole body is made to perspire by external application of bags of medicinal rice called navara, which is cooked in herbal decoctions and milk. This treatment softens the skin, enhances complexion, strengthens body muscles, and cures the stiffness of the joints.}
- **Pizhichil.....(90 min)** 4000 INR
 {A gentle flow of warm medicated oil all over the body with a gentle massage aimed to keep the body fit and healthy & prevent premature ageing, which provides a fresh surge of energy and leave your entire body relaxed and refreshed. Highly recommended in arthritic & neurological conditions.}
- **Nasyam.....(30 min)** 1000 INR
 {A natural detoxification process of the head where nasal insufflations with herbal medicated oil dropped into the nose to expel all the toxins. This treatment is recommended in sinusitis, migraine, ear, nose and eye related problems.}
- **Tarpanam..... (30 min)** 1000 INR
 {A soothing eye treatment to achieve a sharper vision, by allowing medicated ghee to stay in the eyes.}
- **Abhyanga.....(60min)** 4000 INR
 {Traditional whole body Ayurvedic synchronized massage}

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Maya Healing Therapies

- **Indian Head Massage.....(30 min)** 1000 INR

{A medium pressure massage on the head, neck and shoulder by using medicated oil to release the knots and stress in the muscles.}

- **Scalp/ Face/ Leg Massage.....(30 min)** **800 INR**
{Local massage of scalp or face or leg with herbal oil aims to relive stress, muscle tension and to improve blood circulation.}
- **Zuri Healing Touch.....(30 min)** **1000 INR**
{A relaxing back, neck and shoulder massage with medicated oils to release the knots and stress in the muscles.}
- **Relaxation Massage.....(30 min)** **1500 INR**
{A full body blissful oil massage excluding head and face. Elongated sweeping movements spread the oils along the whole body, as deeply relaxing, flowing massage techniques soothe and de-stress.}
- **Rejuvenation Massage.....(45 min)** **2000 INR**
{A full body nurturing massage which helps in the toning up of the muscles, removes the muscle stiffness and improves better blood circulation.}
- **Shirodhara..... (45 min)** **2500 INR**
{ A stream of warm medicated oil poured over the forehead for the stressed out and tense, which take you to a different level of mental peace. This treatment is recommended for sleeplessness, mental stress and for hair care.}
- **Couple Jacuzzi.....(30mins)** **500 INR**
- **Yoga & Meditation (Couple)..... (60mins)** **1000 INR**
- **Yoga & Meditation (Single)..... (60mins)** **550 INR**

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Beauty Parlor

Anti Ageing Facial.....	Rs 4000
Pigmentation facial.....	Rs 3500
Herbal Facial.....	Rs 2000
Saree Draping	Rs 150
Face Clean up	Rs 1000
Pedicure.....	Rs 900
Manicure.....	Rs 700
Re-varnish.....	Rs 350
Hair Style.....	Rs 1000
Hair Style with Rollers.....	Rs 2000
Deep hair Conditioning.....	Rs 1500
Hair wash blow Dry.....	Rs 1000
Blow dry	Rs 800
Hair wash.....	Rs 400
Hair Ironing.....	Rs 1200
Hair Spa & each Ampoule	Rs. 1000 +800
Henna short hair	Rs 1000
Henna long hair	Rs 1500

Note: - Above prices are exclusive of 10.30% service tax and 10% luxury tax.

Beauty Parlor

Eye Brows Threading.....	Rs 150
Lip Threading.....	Rs 100/-
Chin Threading.....	Rs 100/-
Forehead Threading.....	Rs 100/-
Full Face Threading.....	Rs 500/-
Arm waxing.....	Rs 600/-
Full leg waxing.....	Rs 900/-
Half leg waxing.....	Rs 650/-
Under arm waxing.....	Rs 300/-
Back waxing.....	Rs 350/-
Bikini waxing.....	Rs 500/-
Face waxing.....	Rs 400/-
Hair trim ladies.....	Rs 500/-
Hair trim men.....	Rs 450/-
Hair cut Ladies.....	Rs 650/-
Hair cut men.....	Rs 600/-
Hair root touch up.....	Rs 2500/-
Hair color Short	Rs 3500/-
Hair color Long.....	Rs 4500/-

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