

Maya Spa Menu

Maya Body Care

- *Full Body Scrub.....(30 min)* *2000 INR*
{To exfoliate the skin and to remove the dead cells..... sugar, honey, fruit, and salt, chocolate}
- *Full Body Pack..... (30min)* *1500 INR*
{To soften the skin and to give a radiant look..... chocolate, fruit, sandal, multani mutti, cucumber, tomato, papaya}
- *Das Volbad.....(30min)* *1500 INR*
{Experience the royal ancient baths to.....roman red wine rose petal, mix flower and milk}
- *Swedish massage.....(60min)* *3000 INR*
{Medium pressure massages with aroma oil which stimulates the soft tissues and relive stress and import greater feeling of well being}
- *Aromatherapy.....(60 min)* *3500 INR*
{Aromatherapy is the ancient science of healing, relaxing and energizing by the use of plants and their parts. The massage is with a blend of essential oils and carrier oil which penetrate the bloodstream and soothe the central nervous system. The massage activates the body's nerve endings and stimulates its blood flow; the medicinal properties of the essential oils act on the internal organs and treat ailments.}
- *Balinese Massage.....(60 min)* *3000 INR*
{A medium pressure massage using a combination of gentle stretches, acupressure and aroma therapy oils to stimulate the flow of blood, oxygen and 'qi' (energy) around your body and bring relaxation and wellness. Long sensual strokes which works on the length of the muscles to relive tension. }
- *Foot Reflexology.....(30 min)* *1500 INR*
{ A massage on the reflex areas of the foot which helps to flash out toxins and inflammations through lymph drainage and give the whole body a total relaxing state.}
- *Thai Massage.....(60 min)* *3000 INR*
{ This dry body massage is to provide relaxation and balance to the body's various centers, healthy blood circulation and activation of the body's energy lines. It is meant to be practiced with certain energy and vigor and the pressure and stretching movements are matched to the client's needs and physical abilities.}

Note: - Above prices are exclusive of 10.30% service tax and 10% luxury tax.

- *Indian Head Massage.....(30 min) 1000 INR*
{A medium pressure massage on the head, neck and shoulder by using medicated oil to release the knots and stress in the muscles.}
- *Scalp/ Face/ Leg Massage.....(30 min) 800 INR*
{Local massage of scalp or face or leg with herbal oil aims to relive stress, muscle tension and to improve blood circulation.}
- *Zuri Healing Touch.....(30 min) 1000 INR*
{A relaxing back, neck and shoulder massage with medicated oils to release the knots and stress in the muscles.}
- *Relaxation Massage.....(30 min) 1500 INR*
{A full body blissful oil massage excluding head and face. Elongated sweeping movements spread the oils along the whole body, as deeply relaxing, flowing massage techniques soothe and de-stress.}
- *Rejuvenation Massage.....(45 min) 2000 INR*
{A full body nurturing massage which helps in the toning up of the muscles, removes the muscle stiffness and improves better blood circulation.}
- *Abhyanga.....(60min) 4000INR*
{Traditional whole body Ayurvedic synchronized massage}
- *Shirodhara..... (45 min) 2500 INR*
{ A stream of warm medicated oil poured over the forehead for the stressed out and tense, which take you to a different level of mental peace. This treatment is recommended for sleeplessness, mental stress and for hair care.}
- *Couple Jacuzzi.....(30mins) 500 INR*

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Maya Healing Therapies

- *Marma Massage.....(45 min) 2500 INR*
{A full body deep tissue massage with medicated oil, concentrating more on the vital points of the body which helps to improve blood circulation and stimulate the nervous system.}
- *Choorna swedam..... (45 min) 2000 INR*
{A whole body treatment with a bundle of herbal powder which is dipped in warm medicated oil. Highly recommended for muscular pain, body aches, joint pains and especially in back ache.}
- *Udwarthanam..... (30 min) 1500 INR*
{A traditional dry massage using herbal powder, which helps to remove dead cells, deplete fat, strengthen the muscles.}
- *Navarakizhi.....(45 min) 3500 INR*
{Cooling fomentation treatment in which the whole body is made to perspire by external application of bags of medicinal rice called navara, which is cooked in herbal decoctions and milk. This treatment softens the skin, enhances complexion, strengthens body muscles, and cures the stiffness of the joints.}
- *Pizhichil.....(90 min) 4000 INR*
{A gentle flow of warm medicated oil all over the body with a gentle massage aimed to keep the body fit and healthy & prevent premature ageing, which provides a fresh surge of energy and leave your entire body relaxed and refreshed. Highly recommended in arthritic & neurological conditions.}
- *Nasyam.....(30 min) 1000 INR*
{A natural detoxification process of the head where nasal insufflations with herbal medicated oil dropped into the nose to expel all the toxins. This treatment recommended in sinusitis, migraine, ear, nose and eye related problems.}
- *Tarpanam..... (30 min) 1000 INR*
{A soothing eye treatment to achieve a sharper vision, by allowing medicated ghee to stay in the eyes.}

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Maya Signature Therapies

- *Zuri Beauty.....(60 min) 2000 INR*
{Its signature to achieve the Zuri style.....}
- *Tanlepa..... (45 min) 2000 INR*
{A body massage to relieve the muscular tension & a full body mask of herbal powder resulting in a cool fresh rejuvenated self.}
- *Mukhalepam..... (60 min) 2000 INR*
{A traditional Ayurvedic herbal facial that cleanses, hydrate, refreshes and relaxes you. It will nourish the skin to impart a radiant look – Sandal, Homey, Papaya, Cucumber, Tomato, Carrot, egg, yoghurt etc.}
- *Maya Cure.....(60min) 3500INR*
{A special combination of massage treatment unique to our spa's massage like no other, performed in controlled stimulating strokes that relax and tone muscle. This rids the body of toxins and a positive energy flow while using hot bundles and relives tense muscle, sore joints and stressed emotion.}
- *Maya pure indulgence massage(60min) 3500INR*
{A harmonious massage for body and mind, combination of shirodhara and massage which has a positive effect on the emotional well-being. One floats out of this treatment.}
- *Das Schone.....(90min) 4000INR*
{A total beauty treatment of the body from head to toe, where you can experience a body massage with aroma oil, body scrub (Honey + Sugar), body pack and face pack (papaya + multani mitti) which will revitalize your self...}
- *Sanjeevani Experience.....(150min) 6000INR*
{It's an experience of the royal beauty treatment...}
- *Royal princess make over.....(210min) 8000INR*
{To bring out the princess in you with a transformation from head to toe in just 3 hr. Walk out into the world with confidence, glowing with your newfound beauty. We firmly believe that princesses are made not born}

Note: - Above prices are exclusive of 10.30% service tax and 10% luxury tax.

The spa is an adult oriented atmosphere. We don't allow access to children under the age of 15. A parent or guardian must be present or give sign consent for any body treatments given to a minor under the age of 18.

For Appointments Call Extn: 8331

Maya Yoga Packages

- *Yoga & Meditation (Couple)*..... (60mins) 1000 INR
- *Yoga & Meditation (Single)*..... (60mins) 550 INR
- *Prana*..... (105mins) 4500 INR

{A unique experience of yoga and traditional treatment for complete relaxation of your body, mind and soul. The meditation, sun salutation (surya namaskar) & the pranayama along with the traditional Ayurvedic massage & soothing Shirodhara relaxes you deeply and refreshes.}

- *Ojaskara*.....(90mins) 3500 INR

{ A total treatment for your body flexibility which includes sun salutation (surya namaskar) yoga exercises and postures along with a Marma massage which concentrates on your Marma points or vital points to increase your body flexibility. }

- *Sushumna “You are as young as your spine is healthy”*.....(120 min) 3500 INR

{Traditional treatments like Choorna swedam and kativasti combined with yoga exercises and postures to make your spine strong against occupational tension build ups, stiffness spasm, pains and aches.}

- *Moksha*.....(150 min) 6000 INR

{A complete experience of yoga and traditional treatment to keep your mind and body functioning at optimal levels. The meditation, sun salutation (surya namaskar) & the pranayama along with the traditional Ayurvedic massage Abhyanga & soothing Shirodhara balances the daily and seasonal regimen which will provide you a complete cure.}

Note: - Above prices are exclusive of 10.30% service tax and 10% luxury tax.

Note: - No cancellation charges applicable if appointment is cancelled 5 hours before the actual appointment, 50% charges will be charged if appointment is cancelled after 5 hours, And 100 % Charges for “ No Show”.

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