

PUBLICATION	: India Today Woman	DATE	: October 18, 2010
PUBLICATION TYPE	: Woman's Magazine	PAGE NO	: 66, 68

➤➤ RELATIONSHIPS



FOR FAMILY VACATION

- 1 Make sure you keep your camera fully charged to capture every precious moment spent with your family.
- 2 Make sure you choose a place which everyone in the family enjoys and finds something interesting to do.
- 3 Always carry two sets of travel documents. It is important, in case you lose one.
- 4 Keep yourself hydrated. Drink lots of water or juice. You don't want to waste your vacation by falling sick.
- 5 Always keep a basic medical kit handy, for the smaller emergencies that can occur.

at times. Living out of a suitcase is not their idea of life. Not everyone is as romantic as the nomadic gypsy.

For 41-year-old Priti Chandra, Assistant Vice President, Corporate Communications, Zuri Group, travelling means more business than pleasure most of the times, though she does boast of having traversed the globe. Being in the hospitality sector, travelling to different countries is part of the job. But that does not stop her from fitting in the odd shopping spree and sight-seeing into her busy schedule. "Once when I was in Dubai, I made sure I took

a day off and went for a safari. Of course, I also try to squeeze in as much shopping as possible," she laughs. With a love for collecting quaint souvenirs from across the world, shopping is her favourite activity on tours. Travelling excites her as it allows her to do what is true to her nature, meeting new people and making friends across the globe. Being a single woman, she thinks travelling becomes less of a liability, particularly because there is no baggage of family that is being carried around as she gets to spend much of her time discovering new places without having to worry much. But everything is not always so perfect as life on the move can be a chore after a while and get one longing for the stability of staying in one place. "At times, I wish I could take a break from travelling all the time. Even being at home seems like such a luxury," she says.

But once Chandra made a decision to make a career out of it, she consciously pushed herself to make the most of her opportunities. "I think I'm lucky that way. My work is my life and it takes me to many different places, domestic as well as international. I get to live it up as much as I please," Chandra says. Her favourite holiday destinations reflect the young vibrancy of her

"I feel extremely energised when I travel, it's almost like I feel the windows of my mind opening up."

NITA KAPOOR 46

Executive Vice President, Corporate Communication, Godfrey Philips

RELATIONSHIPS



“At times I wish I could take a break from travelling. It feels like such a luxury to stay at home.”

PRITI CHANDRA 41
Assistant Vice President, Corporate Communications, Zuri Group

FOR WORK AND MORE

- 1 Keep a suitcase permanently packed, in case you have to travel at short notice.
- 2 Carry a credit card for emergencies.
- 3 If you're short on time and have to go directly to a meeting, make sure you wear wrinkle-free clothes.
- 4 Always keep a pair of black trousers handy. They can be teamed with T-shirts, shirts and blazers without making you look shoddy.
- 5 If you're getting back late from a meeting, ask security to escort you to your room.

complain about the monthly travel that comes packaged with her job. “I just love to travel. Be it for work or pleasure,” she says. Apart from the excitement that comes along with family vacations, it's the memories that leave her craving for more.

“My most memorable vacation has to be our trip to Rome. It was pouring cats and dogs the day we were there and I was trying to make

up my mind about

what to see from under a very pink umbrella,” she fondly reminisces.

Travelling for her is not one thing in particular, but a mix of different feelings like anticipation, curiosity and the excitement of not knowing what to expect. “Every time I am travelling, I feel extremely energised, it's almost like I suddenly feel the windows of my mind opening up,” she says visibly excited just talking about it.

No matter what feeling you associate with travelling, no one can deny that nothing makes one feel more alive than the idea of endless possibilities that every unknown place throws your way. As Jack Keorouac, celebrated author and traveller of the Beatnik generation says in his autobiography *On The Road*, “Our battered suitcases were piled on the sidewalk again, we had longer ways to go. But no matter, the road is life.” It holds true for most travellers who often explore new places and meet new people. That's what keeps them going.

They are people who know how to look beyond the obvious and find joy in the smaller things that life offers them. These three women took to the life on the road for their own unique reasons and created memories they will be happy to grow old with. So draw inspiration, pack your bags and take off. ♀

personality. These include—Singapore, Kenya, Bangkok and Sri Lanka.

For Nita Kapoor, 46, Executive Vice President, Marketing and Corporate Affairs, Godfrey Phillips India, life is always on the move. But she loves it and lets in the secret that she never feels homesick. Even though she is out for at least seven days a month, travelling for her is more about family vacations. “Two annual vacations are my lifeline,” says Kapoor.

Though she prefers holidaying with her husband and daughter, she is not one to